



Developing managers to manage sustainable employee engagement, health and wellbeing

Affinity Health at Work Research Consortium

Consortium master-class event on 16th April 2015

Theme: Health promotion and supporting employee behaviour change

Venue: Prospect Head Office, New Prospect House, 8 Leake Street, London SE1 7NN

10.30 – 10.45	Arrival and coffee
10.45 – 11.00	Welcome and introductions
11.00 – 11.30	Update from Affinity Health at Work <ul style="list-style-type: none"> ○ Update on 2015 developing managers research ○ Update on OHS leadership for distributed workers research
11.30 – 12.10	Workplace health/well-being Charter: London & national perspectives <ul style="list-style-type: none"> ○ Laura Austin-Croft, Greater London Authority (www.london.gov.uk/healthyworkplaces)
12.10 – 12.15	Brief break
12.15 – 13.00	Overview of research on workplace health promotion <ul style="list-style-type: none"> ○ Sue Churchill, University of Chichester (http://www.chi.ac.uk/staff/dr-sue-churchill-ba-hons-mres-phd)
13.00 – 14.00	Lunch and networking
14.00 – 14.45	The science of behaviour change – The Behaviour Change Wheel <ul style="list-style-type: none"> ○ Caroline Wood, UCL Centre for Behaviour Change (http://www.ucl.ac.uk/pals/people/profiles/research-staff/caroline-wood)
14.45 – 14.50	Brief break
14.50 – 15.35	Evidence based approach to employee health improvement at Transport for London <ul style="list-style-type: none"> ○ Emma Donaldson-Feilder, Affinity Health at Work, and Angela Webster, Transport for London
15.35 – 15.55	What works in health improvement? <ul style="list-style-type: none"> ○ Consortium member knowledge sharing: what works in your organisation?
15.55 – 16.00	Round up and close

Please note: timings are approximate and may be subject to change on the day.